



Oceania
Spa

Uncomplicated, fresh and welcoming, “Oceania Spa” treatments are designed to feed your skin with all the essential beauty ingredients at attractive prices.

The purest essential oils, trace elements and plant extracts from our luxury Spa brand, Anne Semonin Paris, are combined with the expertise of our skilled therapists in order to create, especially for “Oceania Spa”, the finest beauty treatments that give immediate and long lasting results and a stunning healthy glow to your skin.

ANNE SEMONIN EXPRESS FACIAL SELECTION

Aromatic Face Drainage & Soothing Scalp Massage

25 min / 50 €

A truly soothing and aromatic Scalp Massage combined with the Anne Semonin lymphatic face drainage massage to improve relaxation and promote a sense of calm and wellbeing.

Anne Semonin Hydra Express

25 min / 50 €

A powerful express skin replenishment treatment, ideal for quick and instant results. Immediately refreshes and hydrates the skin, leaving it skin soft, supple and revitalized.

For Your Eyes Only

25 min / 50 €

Designed to enhance, lift and firm the eye contour area. State-of-the-art Anne Semonin Express Radiance Ice cubes renowned for their cryotherapy benefits are used in combination with a therapeutic lymphatic eye massage to relax muscular fatigue and target the signs of ageing.

ANNE SEMONIN EXCLUSIVE FACIAL SELECTION

Luxury Anti-Ageing Eye and Facial treatment

80min / 125 €

A face and eye contour therapy designed for those with mature, dry or dull skin. This facial will contour and firm the skin and delicate eye area. Aromatic intensive complexes and serums will boost cellular renewal while a firming mask will detoxify for absolute skin radiance. This treatment is a complete remedy for removing the stresses of daily life leaving skin smooth and radiant.

Deep Marine

75min / 105 €

Ideal for combination and congested problematic skin, this is a complete deep cleansing purifying treatment which includes a rebalancing lymphatic drainage massage. An anti-inflammatory seaweed mask and aromatic intensive complexes are used to soothe and rebalance the skin achieving visibly clear skin results.

Cryotherapy

55min / 85 €

A contouring and firming facial designed to combat the visible signs of ageing; excellent for mature, dry and dehydrated skin. Innovative Anne Semonin Express Radiance Ice Cubes rich in neurocosmetic ingredients are combined with the 100% Active Serums to help skin regain its natural youthful glow. The result is instantly tightened and firmed skin, a superb brightener for special events & for boosting skin vitality.

Age Defend

50min / 80 €

Defy the ageing process with this quintessential regenerating facial therapy. Signs of ageing dissolve as Anne Semonin essential oils and minerals are gently massaged into the skin improving tone and elasticity. Maturing skins will appreciate the use of Extracts of Mexican Wild Yam and rice which provide ultimate defence against environmental aggressions and help maintain a youthful radiance all the way to a cellular level.

Oligo Skin Protect

50min / 80 €

The ultimate in anti-oxidant defence, this treatment instantly hydrates and balances, boosting oxygenation of the skin cells. Using the exclusive Oligo range of products, an advanced formula combining dynamic ingredients such as algae and chlorella, ensures a clear skin, thoroughly protected from the urban environment

Soothing Skin Saviour

50min / 80 €

The secret to soothing even the most delicate skin lies in the exquisite blending of minerals and essential essences while the generous application of an algae and kaolin clay formula smoothes and nourishes skin revealing a perfectly calm and soothed complexion. Skin is prepared with gentle cleansing and exfoliation before indulging with the luxurious Anne Semonin Cream mask.

ANNE SEMONIN SELECTION FOR MEN

Purifying Aromatic Facial

25 min / 40 €

This powerful aromatic express facial brings immediate freshness to your skin. A superb skin brightener for imbalanced and polluted city skin.

Back, Face and Scalp Therapy

60 min / 80 €

A truly soothing back and neck massage begins this wonderfully relaxing therapy designed to relieve key areas of tension and muscle tightness combined with a facial to soothe and soften the skin. A deep shoulder and scalp massage is followed by a purifying mask to melt away any tension.

Grooming Hand & Foot Treatment

50 min / 80 €

This nourishing & conditioning foot and hand treatment begins with an exfoliation ideal for softening the skin. Warmed aromatic oils and active Anne Semonin serums are then applied on the feet & hands followed by a rich cream massage to relieve tension.

ANNE SEMONIN EXPRESS BODY SELECTION

Nude Scrub

25 min / 50 €

An express exfoliation with the Nude Sea Salt & White Sand scrub leaves the skin smooth and hydrated. The warming and nourishing qualities of this scrub ensure a soothing experience and visible results.

Black Sand Polish

25 min / 55 €

This ultimate express exfoliating experience with Black Sand from Tahiti and aromatic oils actively sweeps away dead surface skin cells, leaving skin wonderfully soft, silky, detoxified and youthfully radiant. The delicate fragrance of exotic verbena promotes a holistic sense of wellbeing and relaxation.

Anti-Stress Back Therapy

40 min / 60 €

A self-heating marine mud treatment for the back, neck and shoulders is designed to release tension and combat tight muscles. The feet are carefully massaged to improve circulation allowing a powerful sense of wellbeing. This energising, stimulating therapy will rebalance your energy levels and reactivate your senses.

ANNE SEMONIN EXCLUSIVE BODY SELECTION

Sun Glow Treatment

60min / 100€

An ultra moisturising and hydrating body envelopment designed to recondition dry, dehydrated or sun damaged skins. This treatment begins with a full body exfoliation and scalp massage followed by an application of Pink Kaolin clay combined with nutrient rich treatment oils. A perfect full body thirst quencher for tired Sensitive skin.

Anti-Ageing Cocooning

60min / 100€

This pampering body rejuvenation will regenerate the skin to its best. An invigorating body scrub is followed by a nourishing and anti-ageing body mask while you drift away with a wonderfully soothing scalp massage. The naturally anti-oxidant benefits of this treatment will enhance body drainage, maximise hydration, plump and smooth to perfection, while nurturing your body in a cloud of well-being.

Detoxifying Spirulina Wrap

60min / 100€

A detoxifying, slimming and energy boosting Spirulina body wrap. This natural seaweed wrap re-metabolises the body to efficiently kick start and maintain the elimination of toxins and waste. An essential body treatment to support a detox or weight management programme.

Lipoliss Anti Cellulite Therapy

60min / 100€

A specialised treatment designed to stimulate the body's system and target areas of fluid retention, cellulite and uneven skin tone. Using massage and lymphatic drainage techniques the legs and feet are massaged to restore circulation and a firming and detoxifying mask is applied to relieve blockages and tone the skin. A course of treatments is recommended.

Parisian Top to Toe

85min / 110€

This treatment begins with an invigorating back cleanse to exfoliate and smooth the skin. A soothing back, neck and scalp massage begins this wonderfully relaxing therapy designed to relieve key areas of tension and muscle tightness. Combined with the Made-to-Measure Facial the result is re-hydrated, nourished and protected skin and an overall sense of calm and harmony. Finish with a wonderful pressure point foot and leg massage making this a fabulous top to toe experience.

Cocooning Scrub & Massage Ritual

85min / 110€

The ultimate exfoliating experience with the amazing Nude Scrub. A luxury blend of sea salts, white sand, pink quartz crystal powder and aromatic oils actively sweeps away dead skin cells, leaving skin wonderfully soft, silky, detoxified and youthfully radiant. Warming oils are then applied all over the body to deeply nourish, soften and re-mineralise the skin, followed by a revitalizing exfoliation. This therapy concludes with a full body massage to re-awaken your senses.

ANNE SEMONIN EXCLUSIVE MESSAGES SELECTION

Oceania Spa Signature Aromatherapy Massage

30 min / 50 € or 55 min / 80 €

A totally bespoke, made to measure body massage with use of warm nourishing sweet almond oils, plants and effective aromatherapy. This wonderfully treatment induces deep relaxation. It's designed to stimulate blood circulation and relieve key areas of tension. Choose between "feet & leg" or "full body" version.

Four Hands Massage

75 min / 135 €

A sublime massage experience from the shores of French Polynesia to ease away stress and strains from daily life. The traditional flowing and soothing movements will lull you into a deep state of peace and tranquility, as soft palms and forearms remove tension from tight muscles. This unique, healing massage is performed by two massage therapists working with intuition and expert skill in complete synchrony to restore your energy and strengthen your health and wellness.

Back, Neck and Shoulder Massage

25 min / 45 €

An express massage using warmed aromatic oils focusing purely on back, neck and shoulders to relieve tension and enhance wellbeing.

Relaxing Scalp Therapy

25 min / 45 €

A relaxing and deeply healing scalp treatment to soothe away stress and tension. The neck, shoulder and scalp are massaged using effective energising oriental techniques to rebalance your energy levels and reactivate your senses.

Body Fitness Phyto-Aromatic Massage

50 min / 90 €

The Body Fitness massage aims at the deeper tissue structures of the muscle and fascia using many of the same movements and techniques as the revitalizing massage, but with more intense pressure. It is also a more focused type of massage, as the therapist works to release chronic muscle tension or knots.

Shiatsu Massage

60 min / 110 €

A free flow of energy is restored through compressions, pressure on specific points and stretches to release blockages.

AROMATHERAPY BATHS / HAND & FOOT BEAUTY / WAXING

Aromatherapy Baths

Relaxing Ocean Oil Bath	25 min / 30 €
Energizing Mountain Oil Bath	25 min / 30 €

Hand & Foot Beauty

Moisturising Hand Ritual	30 min / 32 €
Regenerating Foot Ritual	30 min / 32 €
Manicure / French Manicure	30 € / 35 €
Pedicure / French Pedicure	40 € / 45 €

Waxing

Upper lip wax	10 €
Under arm wax	15 €
Full arm wax	20 €
Half leg wax	30 €
Full leg wax	45 €
Bikini wax	20 €
Chest wax	30 €
Back wax	30 €
Eyebrow shaping	10 €

SPA RITUALS

Rejuvenating Ritual

3h 15min / 255 €

Black Sand Polish	25 min
Energizing Mountain Oil Bath	25 min
Detoxifying Spirulina Wrap	60 min
Blissful Back, Neck and Shoulder Massage	25 min
Oligo Skin Protect	50 min

Pampering Face, Hair & Body Ritual

4h 15min / 285 €

Luxury Anti-Ageing Eye and Facial treatment	80 min
Relaxing Ocean Oil Bath	25 min
Sun Glow Treatment	60 min
Regenerating Foot Ritual	30 min
Moisturising Hand Ritual	30 min
Hair Spa	30min

Detoxification Ritual

5hrs / 360 €

Nude Scrub	35 min
Relaxing Ocean Oil Bath	25 min
Body Fitness Phyto Aromatic Massage	50 min
Detoxifying Spirulina Wrap	60 min
Oceania Spa Signature Massage	55 min
Deep Marine facial	75 min

SPA GUIDELINES

GENERAL INFORMATION

The access to the spa-pool, steam bath, sauna and fitness area is free for guests of the hotel. The indoor spa area, gym and sauna are strictly for the use of guests over the age of 16. Splash hour for guests under 16 years old between 08.00-13.00.

CANCELLATION POLICY

Cancellation policy: We require 24 notice of cancellation in advance to avoid being charged. Late arrivals will only receive the remaining available appointment time.



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