




**SPA
RATES**



Relax your mind and
light up your spirit.

Wellness Day

1 day | €30

Enjoy our heated swimming pool, jacuzzi, sauna, steam bath, fitness room, solarium and terrace.

SALUS PER AQUAM

Scottish shower

12 min | €29

A strong, toning shower to stimulate the circulatory system, flushing fat from the nodules and relieving muscular pain.

Hydro-massage bath with Pacific Ocean aromas

20 min | €37

Relaxing, stress-relieving bubble bath.

GRAND CLASSICAL SPA

Wrap with mud from the Dead Sea

50 min | €60

Relieves muscular pain, rheumatism, arthritis and reduces cellulite, psoriasis and eczema, with a re-mineralising effect.

Seaweed wrap

50 min | €60

Crushed de-toxing seaweed, perfect to combat fat and fluid retention.

Body peeling with Marrakech glove and moisturising of cinnamon and orange

50 min | €72

Obtain high intensity exfoliation with perfect moisturising.

Marine prelude (peeling + mud wrap)

80 min | €85

Cleanses toxins and impurities from the skin, providing minerals and trace elements.

Body peeling and deep moisturising

25 min | €47

Gentle exfoliation with maximum moisturising, ideal for preparing the skin.



A PERFECT FIGURE

Slim & sculpt expert treatment 80 min | €93

Slimming and firming treatment to re-sculpture and rejuvenate your figure.

Slim & sculpt expert treatment (10 sessions + 1 free) 80 min | €923

Lymphatic drainage 50 min | €69

Gentle, slow-pace massage to eliminate toxins and combat fluid retention.

Pressotherapy 25 min | €33

Ideal for problems of oedemas and fluid retention. Relaxes and stimulates circulation.

Toning and reshaping massage 25 min | €44 / 50 min | €69

Personal & Therapy massage 80 min | €118

LPG_CELLU M6 50 min | €67

Unique overall action system: improves the appearance of cellulite, eliminates fat and drains toxins.

LPG_CELLU M6 (10 sessions + 1 free) 50 min | €667



DEPILATION*

Gentle wax treatments with oils for smooth silky skin.

Half legs	€25	Linea alba	€8
Full legs	€33	Stomach	€13
Bikini wax	€16	Arms	€25
Brazilian bikini wax	€30	Back	€21
Bikini shaping	€31	Upper lip	€8
Full bikini wax	€39	Eyebrows	€13
Underarm	€15	Eyebrow shaping	€31
Buttocks	€23	Facial	€16

SPA

*For men there is a supplement of 30% added to the specified prices.

FACIAL BEAUTY

THALGO: MARINE BEAUTY

Originally from the French Brittany, Thalgo is the quintessential thalassotherapy brand. It combines the beneficial effects of seaweed with other marine components, including top-quality active ingredients to treat any skin problem.

Facial cleansing	80 min €76
Express moisturising treatment	25 min €35
Specific moisturising treatment	50 min €60

CARITA: LUXURY IN YOUR HANDS

Our luxury brand has more than 60 years experience. Founded in Paris, Carita is a benchmark for beauty in the world. Dreamy aromas, delicate textures and intelligent formulas to transcend your natural beauty. Luxury and visible results in our hands.

Intense purity renewal	75 min €93
Intense moisturising renewal	90 min €108
Intense softening renewal	90 min €113
Anti-wrinkle firming lift renewal	105 min €134
Anti-age firming lift renewal	105 min €139
Overall firming lift renewal	105 min €144
Sculpturing gold parfait	110 min €170
Paris beauty diamond	140 min €216
L'homme ideal	90 min €113



OUR VITAL AREA



Strong foot reflexology therapy

50 min | €74

We use finger-pressure on the energy points of your feet to achieve functional, structural and emotional stability.



Kinesiology

110 min | €87

A treatment to assess the blockages causing stress, muscular and tension-based pain, mood swings, injuries and hence be able to treat them with a wide range of natural therapies.



Q-SPA specialists

50 min | €74

Our specialists know how to find the perfect therapy for you to provide a highly personalised treatment.



PBC (Personal Beauty Consultant)

25 min | price on request

A consultant from our team will study your beauty and health needs and will advise you on the best treatment line for you with the most suitable specialist.

MASSAGES



Massage experience

25 min | €42

A unique massage with four different techniques and textures.



3 in 1 massage

50 min | €74

Leg toning, back muscle relief and geothermal facial massage.

Relaxing massage

50 min | €69 / 25 min | €42

À la carte massage

25 min | €44

A relaxing massage using our skilled hands and hot towels with four essences to choose from.

Anti-stress facial and head massage

45 min | €62

Relaxes your facial expression with the additional benefit of capillary nutrition and stimulation. You won't wake up!

Relaxing foot massage

25 min | €36

They also deserve a rest.

Tension relief massage

50 min | €70 / 25 min | €44

Deep, localised, therapeutic massage to relax the areas with the greatest tension and soothe pain.

Sport massage

50 min | €77

Very deep therapeutic massage, particularly beneficial for people who regularly practice sports.

Q-SPA SPECIAL MASSAGES

GOURMET DELIGHTS

Chocolate massage

50 min | €70

Discover the properties of this ancestral product caressing your skin.



À la carte chocolate massage

50 min | €72

A blend of chocolate and essences, choose your favourite: orange, coconut, mint, cinnamon...

Toasted coffee massage

50 min | €74

A de-toxing and diuretic massage to activate your energy.



New

EXPERIENCES

Unique deluxe expo relaxing massage

80 min | €118 / 50 min | €82

Reduces mental fatigue, relaxes muscles and balances your body and mind (unique). Discover the starting and ending ritual with our Tibetan singing bowl to balance the chakras and hence be conveyed to the maximum point of relaxation. You have never felt anything like this before.



Mahana Bora Bora massage

50 min | €76

A massage for the senses using sacred oil from Polynesia and hot sachets of white sand from Bora Bora. Perfect for combating stress.

Four-hand massage

50 min | €124

We symmetrically and simultaneously stimulate the body. The mind can more easily find the way to enter into an almost meditative and deeply relaxed state.

Wave massage (a massage for the soul)

50 min | €74

Using the hands and forearms in long, rhythmic movements, we relieve muscle tension, with relaxing and toning effects, releasing tension in muscles and joints.

Geothermal massage

80 min | €92 / 50 min | €71

With oil and hot volcanic stones to balance body, mind and soul.

Lomi-lomi

70 min | €93

The arms and palms of the hands move gently over your whole body to the rhythm of music, relieving tension and muscular stiffness.

Thai foulard

50 min | €77

A stretching massage to improve your body tone, beginning with a ritual using feather and then supported by stretching using silk foulards.

Shiatsu

50 min | €77

This is a technique that applies traditional chinese medicine to unblock your energy flow or improve it if it's weak. It's applied on acupuncture points (txubo).



Angel's wings

50 min | €85

A very gentle massage for mothers to be, improves self-confidence and blood circulation, softening the skin and soothing pain. You will feel just like a princess.

Baby massage (Shantala massage) from 3 to 24 months old

25 min | €44

Designed especially for toddlers and babies, creating unique synergy for them. They acquire body resistance, peaceful slumber and improved mental development.

A STROLL THROUGH AYURVEDA

RELAX YOUR MIND AND LIGHT UP YOUR SPIRIT



Abhyanga dosha

80 min | €113

The aim is to balance the three doshas to prevent general discomfort and strengthen the lymphatic system. Perfect for muscular pain and stiffness.



Oriental rose (with rice poultices)

80 min | €123 / 50 min | €87

This massage inspired by aloha (ocean waves) involves exotic wood to relax your body and soul until the Ki point is reached (a state of wellbeing).

Kerala (head and facial massage)

50 min | €76

A massage technique designed to reduce tension in the cervical area, shoulders, head and facial muscles caused by stress and incorrect posture. Perfect for treatment of migraine.

4-element massage

50 min | €83

A ceremonial ritual takes place while you relax with a full body massage. Personalise a stone to go with you wherever you go.



Q-SPA PREMIER RITUALS



Polynesia

110 min | €124

Coconut and vanilla exfoliation + Laguna bath + Mahana Bora Bora massage.
Do you dare to take a multi-sensorial journey from island to island?

Arabian dreams

100 min | €124

Turkish bath + body cleansing using a glove + massage 50 min.
Take a journey to Marrakech where the water jet designs will delight your senses,
based on myrrh, orange, cinnamon, sandalwood... This is a unique and
unforgettable experience.

Zen elements

80 min | €154

Body cleansing + 4-element massage.

Ritual expo premier

115 min | €185

Body cleansing with exfoliate and tibetan singing bowls + expo deluxe massage 80 min.

(Ask about availability of our double booth).

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PROGRAMMES

Mediterranean 50 min | €74

Wellness Day
Body exfoliation 25 min.
Relaxing massage 25 min.

Light legs 100 min | €97

Wellness Day
Lymphatic drainage
Pressotherapy + application of light legs gel

Executive Special 75 min | €101

Wellness Day
Sport massage 50 min.
Express moisturising treatment

Cotton cloud

(1 adult and 1 child) 50 min | €103

Hydro-massage bath for two
À la carte massage 25 min. (for adults)
Baby massage (from 3 months to 2 years old)

Jet lag 75 min | €118

Wellness Day
Oriental rose 50 min.
Relaxing foot massage

Deluxe beauty 160 min | €247

Wellness Day
Sculpturing gold parfait
Relaxing deluxe massage 50 min.

Marine escape 205 min | €254

Wellness Day
Hydro-massage bath with Pacific Ocean aromas
Marine prelude
Wave massage (a massage for the soul)
Special facial treatment

BRIDE AND GROOM SPECIAL (1 DAY)

For him and her 80 min | €195

Double booth
2 Wellness Days
2 chocolate à la carte massages
2 express facial moisturising treatments

BRIDE AND GROOM SPECIAL (2 DAYS)

For her 2 days | €462

2 Wellness Days
Marine prelude
Facial cleansing
Carita hand treatment
Carita foot treatment
Sculpturing gold parfait
4-element massage

For him 2 days | €457

2 Wellness Days
Marine prelude
Facial cleansing
Wave massage (a massage for the soul)
Special treatment for men
Expo premier ritual





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