








Service/Feature		Availability	Notes	
Total No. of Rooms		287		
Water Park	Free access to Splash Jungle Water Park	YES	Opening Hours: 10:00 - 18:00 hrs.	
Internet	Free WiFi - Rooms	YES		
	Free WiFi - Public Areas	YES		
Facilities	Large oval-shaped 50M beach pool overlooking the Andaman Sea / Round Garden Pool	YES		
	Children's pool	YES		
	Private pools	YES	For units with pool feature (Pool Villas, Penthouse)	
	Family Room	YES		
	Disabled Facilities	NO		
	Jacuzzi / Jet streams	YES		
	Sauna	YES	At Waterpark only	
	Steam Room	NO		
	Spa	YES		
	Massage	YES		
	Kids Club	YES	Opening Hours: 09:00-19:30hrs.	
	Tour Counter/Tours	YES		
	Coffee Shop	YES		
	Babysitting Service	YES		
	Children's Playground	YES		
	Club Lounge	YES		
	Daily Newspapers	YES	Both International and local English and Thai language, in lobby, restaurant and Exec. Club	
	Free computer use with free internet access in the lobby	YES		
	Organized Excursions	YES		
	Broadband and Free Wi-Fi Internet Access	YES		
	Luggage Storage	YES		
	Souvenirs/Gift Shop	YES		
	Elevator	YES		
	Non-smoking rooms	YES		
	VIP Room Facilities	YES		
	ATM/Cash Machine on site	YES	From 10:00 - 18:00 hrs.	
Restaurant & Bar	Sunset Breeze Restaurant & Bar	YES	Type of Cuisine: International & Thai Cuisine À La Carte Seating Capacity: 120	Opening Hours: 06:30-10:30 hrs. / 11:00-14:00 hrs. / 18:30-23:00 hrs. (Bar: 11:00 - 00:00)
	Suan Bua	YES	Type of Cuisine: Thai Seating Capacity 114	Opening Hours 17:30-0:00
	Azzurro	YES	Type of Cuisine: Italian Seating Capacity: 120	Opening Hours 18:30 - 23:00
	Poolside cocktail Bar	YES	Beverages, snacks and bites	Opening Hours 10:00-19:00
	Jungle Deli	YES	Type of Cuisine: Food On The Go Seating Capacity: 84	Opening Hours: 10:00 - 22:00 hrs.
	Coconut Café	YES	Type of Cuisine: Casual al fresco restaurant	Opening Hours: 10:00 - 18:00 hrs.
	Club Lounge	YES	Continental Breakfast, Lunchtime snacks, afternoon tea, evening cordials	Opening Hours 6:30 - 10:00
	Splash Bar	YES	Type of Cuisine: Poolside Bar & Snacks Seating Capacity: 40	Opening Hours: 10:00 - 18:00 hrs.
	In-Room Dining	YES	Type of Cuisine: A La Carte	Opening Hours: 24 hrs.
Sports & Recreation	Fitness Centre	YES		
	Batik Sarong/T-Shirt Painting	YES		
	Bicycle for rent	YES		
	Beach games/Volleyball	YES		
	Water Sports/Diving	YES		
	Snorkling	YES		
	Sports classes/Thai boxing	YES		
	Gym	YES		
	Health Club	YES		
	Aerobics	YES		
	Adventure Sports	YES	For the adventure minded, jungle trekking, go-kart racing, sea-canoeing, or bungee jumping can be arranged through the	
	Golf Course (within 3 km)	YES	Blue Canyon Golf Course	
Services	Shuttle Service (complimentary)	YES	Patong, Turtle Village (Maikhao)	
	Villa/VIP Check In & Services	YES		
	Airport Transfer	YES		
	Taxi Services	YES		
	Limousine Service	YES		
	Valet Parking	NO		
	Bicycle Rental	YES		
	Packed Lunches	YES		
	Express Check-In/Check-Out	YES		
	Safety Deposit Box	YES		
	Foreign Currency Exchange	YES		
	Laundry and dry cleaning service	YES		
	Medical Services	YES		
	24 Hrs. Room Services	YES		

Activities for young & old!

	Kids Club		Resort Activities	
Sunday	10am	Hula hoop contest	8.30am	Basic Yoga 
	1pm	Stretching	10.30am	Aqua aerobic 
	2pm	Movie time	2.10pm	Water polo 
	4pm	Batik painting (300 Bht++)	4.10pm	Sunset bike tour (250 Bht ++) 
Monday	10am	Jewelry making	8.10am	Beach jogging 
	1pm	Colouring contest	10.30am	Fitball class 
	2pm	Musical chair contest	2.10pm	Water volleyball 
	4pm	Say it in Thai	4.10pm	Weight training 
Tuesday	10am	Batik painting (300 Bht ++)	8.10am	Abdominal training 
	1pm	Skipping rope	10.30am	Aqua aerobic 
	2pm	Sand castle contest	2.10pm	Beach soccer 
	4pm	Movie time	4.10pm	Sunset bike tour (250 Bht ++) 
Wednesday	10am	Morning stretching	8.10am	Thai boxing class 
	1pm	Sand castle contest	10.30am	Weight training 
	2pm	Musical chair contest	2.10pm	Water polo 
	4pm	Swimming lesson	4.10pm	Beach soccer 
Thursday	10am	Movie time	8.10am	Morning stretch 
	1pm	Jewelry making	10.30am	Aqua aerobic 
	2pm	Condo game contest	2.10pm	Table tennis championship 
	4pm	Colouring contest	4.10pm	Beach volleyball 
Friday	10am	Batik painting (300 Bht ++)	8.30am	Aqua aerobic 
	1pm	Hula hoop contest	10.30am	Badminton championship 
	2pm	Colouring contest	2.10pm	Thai boxing class 
	4pm	Swimming lesson	4.10pm	Sunset bike tour (250 Bht ++) 
Saturday	10am	Nail painting	8.10am	Beach jogging 
	1pm	Musical chair contest	10.30am	Aqua aerobic 
	2pm	Movie time	2.10pm	Water volleyball 
	4pm	Say it in Thai	4.10pm	Thai boxing class 

-  Fitness Centre
-  Beach Pool
-  Towel Counter

Fitness Centre, open daily from 6am – 10pm
Personal training & Thai boxing classes are available

Dive centre, open daily 8am – 1pm
Free test dive daily 11am @ Beach Pool

For reservations please contact us at Kids Club or dial extension #1549

CENTARA GRAND

WEST SANDS RESORT & VILLAS
PHUKET

Sport Activities Program

Time Day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
08:30 - 09:30	Aerobic Fit Ball	Yoga Class	Meditation Class	Yoga Class	Meditation Class	Yoga Class	Aerobic Fit Ball
10:00 - 10:45	Stretching	Fit Ball	ABS Class	Muay Thai Lesson 250Bht net	Fit Ball	ABS Class	Aero Boxing
11:00 - 12:00	Water Volleyball	Aqua Aerobic	Water Basketball	Aqua Aerobic	Water Polo	Aqua Aerobic	Aqua Aerobic
14:30 - 15:30	Table Tennis Tournament	Muay Thai Lesson 250Bht net	Water Volleyball	Water Volleyball	Water Basketball	Table Tennis Tournament	Muay Thai Lesson 250Bht net
16:00 - 17:00	Sunset Bike Tour 250Bht net	Say In Thai	Sunset Bike Tour 250Bht net	Beach Volleyball	Sunset Bike Tour 250Bht net	Sunset Bike Tour 250Bht net	Beach Volleyball

For reservations please contact our Fitness Centre
or dial extension #1555

Kids Activities Program

Time Day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
09:00 - 10:00	Open Play Time	Open Play Time	Open Play Time	Open Play Time	Open Play Time	Open Play Time	Open Play Time
10:00 - 10:45	Batik For Souvenir **	Bracelet Making **	Batik For Souvenir **	Paper Making	Sand Color Jell Making **	Batik For Souvenir **	Nail Painting **
13:00 - 14:00	Sand Color Jell Making **	Coloring Contest	Coco Weave	Nail Painting **	Bracelet Making **	Thai Dancing Class	Frame Making **
14:00 - 15:00	Glass Painting **	Hair Styling **	Frame Making **	Thai Garland **	Model Painting **	Glass Painting **	Say In Thai
15:00 - 16:00	Wii Of the Week	Bingo Game	Model Painting **	PS3 Of The Week	Lego Time	Model Painting **	Face Painting
16:00 - 17:00	Thai Dancing Class	Frame Making **	Movie Time	Swimming Class	Card Making	Hotel Tour	Movie Time
17:00 - 19:30	Evening Play Time	Evening Play Time	Evening Play Time	Evening Play Time	Evening Play Time	Evening Play Time	Evening Play Time

** Activities for charge

For reservations please contact our Kids Club
or dial extension #1549

All guests are very welcome to join the activities

Resort Activities